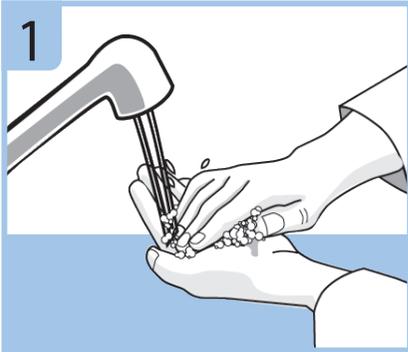
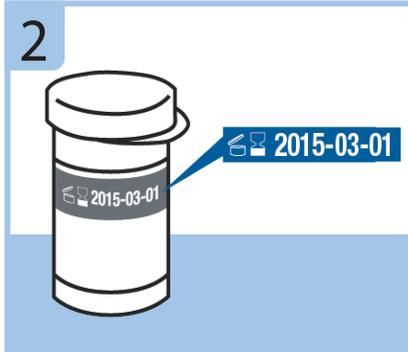


# Quick Reference Guide Accu-Chek Aviva - English/Engelska

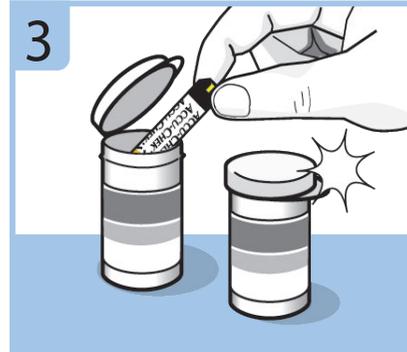
## Performing a Blood Glucose Test



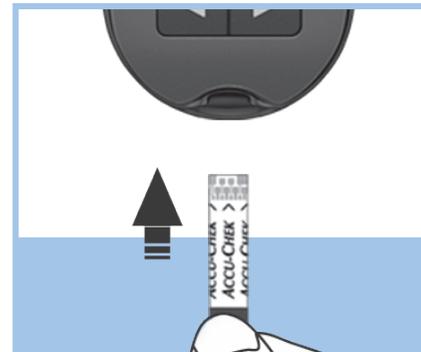
1 Wash and dry your hands before you perform a blood glucose test.



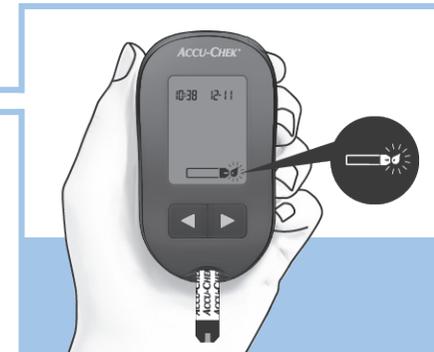
2 Check the use by date on the test strip container. Do not use test strips past the use by date.



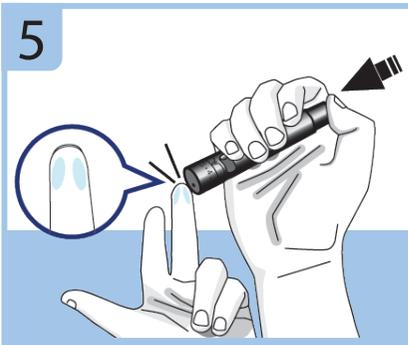
3 Remove a test strip from the test strip container. Close the cap tightly.



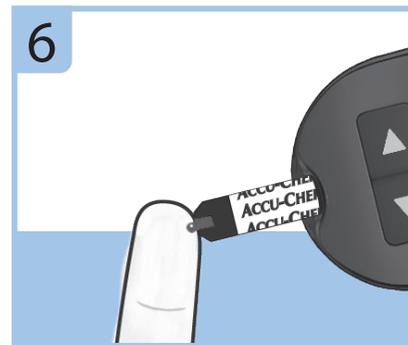
Insert the test strip into the meter in the direction of the arrows until the meter beeps.



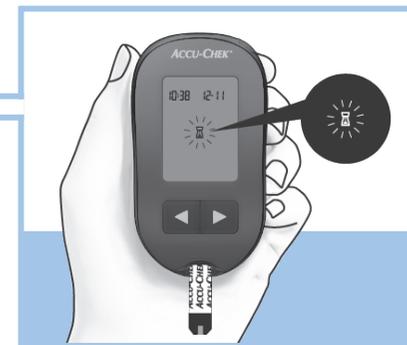
A flashing blood drop symbol appears.



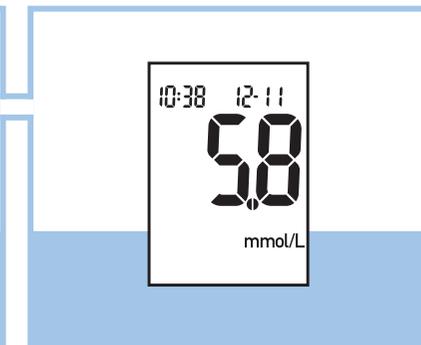
5 Hold the lancing device firmly against the edge of your fingertip and press the release button to prick your finger.



6 Touch the end of the test strip to the blood drop. Do not put blood on top of the test strip.



The meter beeps and  flashes when there is enough blood in the test strip.



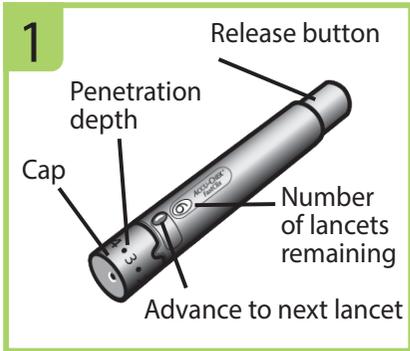
The test result appears on the display after 5 seconds.



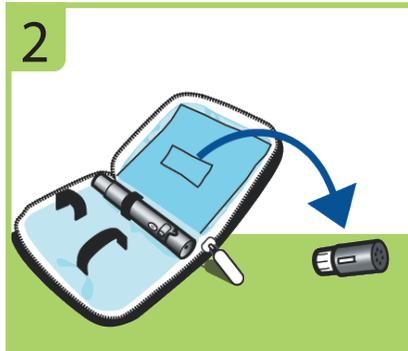
### Before you finish...

Prepare the lancing device for the next test. Slide the lever over and back once to advance to the next lancet. The window shows the number of lancets remaining.

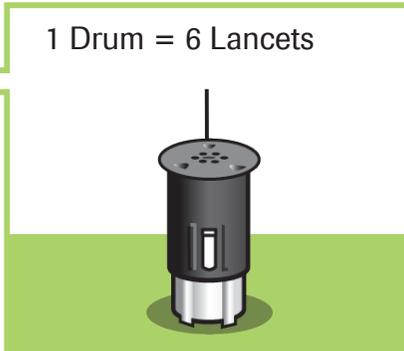
# Setting up the Lancing Device



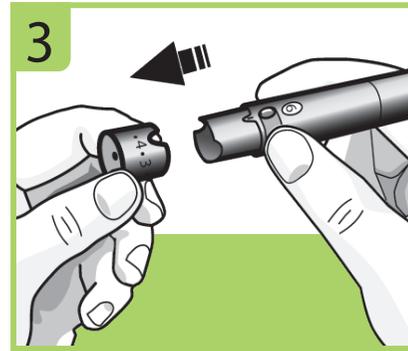
1 Familiarize yourself with the Accu-Chek Fastclix lancing device.



2 Get the lancet drum from the pocket in the carry case.

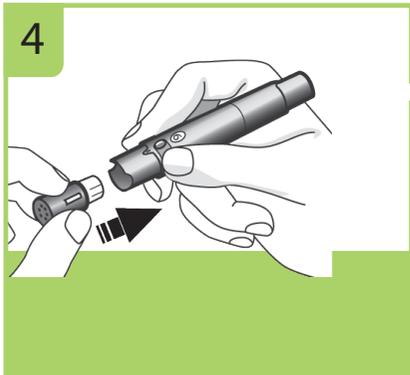


**NOTE**  
Each drum contains 6 sterile lancets.



3 Remove the cap by pulling it straight off. Do not twist the cap.

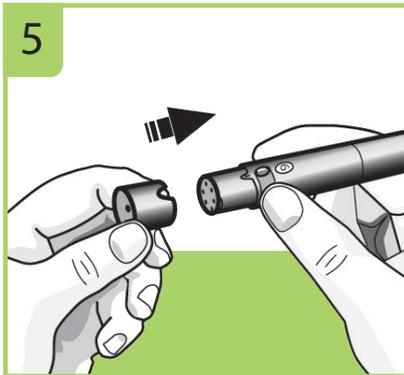
**Warning**  
You must not insert the lancet drum into the lancing device and simultaneously press the release button or hold the lancing device with the release button resting on a surface such as a table top. This could release a lancet and inadvertently cause injury.



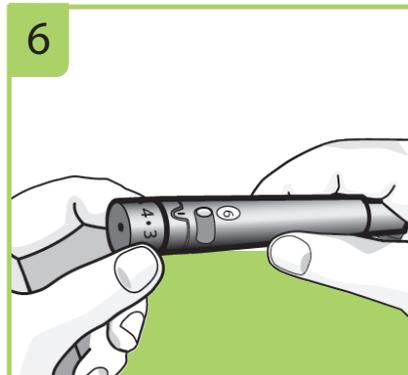
4 Insert the lancet drum, white end first, into the lancing device. Push the lancet drum all the way in until it clicks firmly into place.



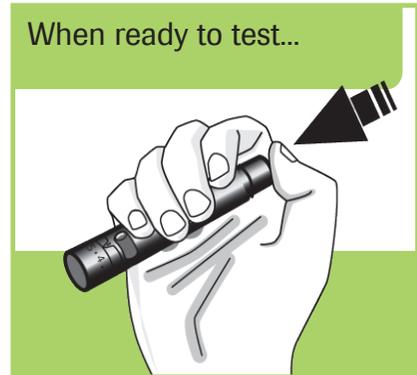
**NOTE**  
Do not remove the lancet drum until all 6 lancets are used since the drum cannot be reused once it has been removed from the lancing device.



5 Replace the cap on the lancing device. Make sure the notch on the cap lines up with the notch on the lancing device.



6 Adjust the lancet depth to a comfortable penetration level. Start at 2. For tougher skin, dial to a higher number.



When ready to test...  
Using the lancing device: By pressing the release button, the lancing device primes and prick with 1 click.